

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 AM		POWER YOGA @ THE DYLAN ONLINE		CARDIO PILATES @ THE DYLAN ONLINE	CARDIO PILATES @ THE DYLAN ONLINE		
8:00 AM						CARDIO PILATES @ THE DYLAN ONLINE	
8:30 AM		CARDIO PILATES @ THE DYLAN ONLINE		POWER YOGA @ THE DYLAN ONLINE	HIIT @ THE DYLAN ONLINE		
9:00 AM						CARDIO PILATES @ THE DYLAN ONLINE	
9:15 AM							YOGA @ THE DYLAN ONLINE
10:00 AM						RESTORATIVE PILATES @ THE DYLAN ONLINE	
10:30 AM							YOGA @ THE DYLAN ONLINE
12:00 PM		ONLINE PRE&POST NATAL BARRE					
1:00 PM				ONLINE PRE&POST NATAL PILATES			
5:30 PM		ONLINE BARRE					

CARDIO PILATES	YOGA	BARRE	PRE&POST NATAL	RESTORATIVE PILATES @ THE DYLAN	HIIT @ THE DYLAN	ONLINE	*CLASS IS AVAILABLE ONLINE AS WELL ATTENDING THE DYLAN
----------------	------	-------	----------------	---------------------------------	------------------	--------	--